

A-Arthritis

Patient: _____

Date: _____

Specific Diagnosis Indicated

Group II testing, X-rays, Ultrasound, Neurological Exam

Intervention indicated?

Surgery issues addressed?

Early Stage

- Hills J/D Food
- Dasuquin Joint Supplement (Note: Only 16% of over the counter products meet the labeled claim)
- Fish Oil Supplements
- Weight loss (if needed) → is equal to at least 1 pain medication!
- 2 walks per day (2 shorter walks are better than 1 long walk)

Progressive Stage

- NSAID (Meloxicam-once daily, Rimadyl-twice daily, Etodolac-once a day)
- Tramadol (Opioid)
- Amantadine (NMDA Receptor Antagonist)
- Gabapentin (sometimes best with Tramadol?)
- Galliprant
- Talwin NX

Considerations

- Adequan Injections
- Acupuncture (Dr. Sheffield, Dr. Cressy, Dr. Wilson)
- Physical Therapy (Dr. Hady, Ms. Barton)

Investigational Complementary and Integrative Therapies

- Shock Wave
- Cytokine (IRAP)
- Stem Cells
- Baby Aspirin's role
- Lazer Treatments